PERSONALITY AND BEHAVIOUR: JUNG PERSONALITY TYPOLOGY

OVERVIEW
Personality plays an important role in providing enthusiasm and motivation in an organization or work place. Personality types are useful for recognizing how we lead, influence, communicate, collaborate and manage stress. Personality tests can help teacher’s better managing students and better understanding of themselves and those with whom they work.

LANGUAGE
English

TIME
2.00—4.30pm

DURATION
2 hours and 30 minutes (1 session)

TARGET PARTICIPANT
ALL teachers

METHODOLOGY
◆ Workshop
◆ Hands-on activities

LEARNING OUTCOMES
- Gain understanding of the theory and practice of typology.
- Understanding their own personality and the personality types of others.
- Improve leadership style, understand how others make decisions, resolve conflicts and communicate more effectively.
- Self-reflection and thinking about how their strengths and preferences are a match for their goals in life.
- Appreciate the differences in others and the unique abilities that each person has.

CONTENT
- An insight about 16 personalities typology on the differences of personalities and human behavior.
- Discovering each person’s style and better understand other people based on Carl Jung’s and Isabel Briggs Myers typology

TASKS
- A series of different activities and require participants to bring “laptop or gadgets”, to take a test online.
- Sharing on their findings from the test given and how they relate to themselves.